

Penalty	Rule	Standard	Additional options	Injured Player
Abuse of Officials	Rule 116	Minor/Bench minor	Misconduct/GM	
Abuse of Officials - intentional contact	Rule 116	Match (MP)		
Bench minor	Rule 117	Bench Minor	Misconduct / GM	
Biting	Rule 118	Match (MP)		
Boarding	Rule 119	Minor	Major + GM / MP	Major + GM / MP
Broken Stick/Playing with--Replacing	Rule 120	Minor		
Butt-ending	Rule 121	Double Minor + Misconduct	Major + GM / MP	Match
Charging	Rule 122	Minor	Major + GM / MP	Major + GM / MP
Checking from Behind	Rule 123	Minor + Misconduct	Major + GM / MP	Match
Checking to the head or neck	Rule 124	Minor + Misconduct	Major + GM / MP	Match
Clipping	Rule 125	Minor	Major + GM / MP	Match
Closing hand on puck	Rule 126	Minor	Penalty Shot	
Cross-checking	Rule 127	Minor	Major + GM / MP	Major + GM / MP
Dangerous equipment	Rule 128	Warning/Misconduct		
Delay of Game	Rule 129-137	Minor/Bench minor		
**Displaced goal frame	Rule 130	Minor	Penalty Shot	
**Falling on the puck	Rule 131/172	Minor	Penalty Shot	
**Freezing the Puck	Rule 132	Minor		
**Goal Celebration	Rule 133	Warning/Minor		
**Late Lineup	Rule 134	Minor		
**Shooting/Throwing Puck out of Play	Rule 135	Minor		
**Substitution after Icing	Rule 136	Warning/Minor		
**Violation of Faceoff Procedures	Rule 137	Warning/Minor		
Diving or Embellishment	Rule 138	Minor		
Elbowing	Rule 139	Minor	Major + GM / MP	Major + GM / MP
Engaging with spectators	Rule 140	Match (MP)		
Fighting	Rule 141	Major + GM	MP	
**Removing gloves	Rule 141	Misconduct		
**First player off players' bench	Rule 141	Double minor + GM		
**Other players beavng players' bench	Rule 141	Misconduct		
**Other players leaving penalty box	Rule 141	Minor + GM		
Head-butting	Rule 142	Match (MP)		

High-sticking	Rule 143	Minor/Double Minor	Major + GM / MP	Major + GM / MP
**Accidental Injury	Rule 143	Double minor		
Holding	Rule 144	Minor		
Holding the stick	Rule 145	Minor		
Hooking	Rule 146	Minor	Major + GM / MP	Major + GM / MP
Illegal Stick/Stick Measurement	Rule 147	Minor/Bench minor	Misconduct	
Incorrect access to/from penalty box	Rule 148	Minor		
Injured Skater Refusing to Leave Ice	Rule 149	Minor	Misconduct	
Interference (on Skater)	Rule 150	Minor		Major + GM / MP
Interference (on Goaltender)	Rule 151	Minor		Major + GM / MP
Kicking	Rule 152	Match (MP)		
Kneeing	Rule 153	Minor	Major + GM / MP	MP
Leaving Penalty Box Prematurely	Rule 154	Minor	Minor + GM	
Playing without helmet	Rule 155	Minor		
Pulling Hair, Helmet, Cage	Rule 156	Minor	Major + GM	
Refusing to Start Play	Rule 157	Bench Minor	Stop play	
Roughing	Rule 158	Minor/Double Minor	Major + GM	
Slashing	Rule 159	Minor	Major + GM / MP	Major + GM / MP
Slew-footing	Rule 160	Match (MP)		
Spearing	Rule 161	Double Minor + Misconduct	Major + GM / MP	MP
Spitting	Rule 162/169	Match		
Taunting	Rule 163	Misconduct		
Team Official Entering Playing Area	Rule 164	Game misconduct (GM)		
Throwing a Stick or Object	Rule 165	Minor/Bench minor	Penalty Shot	
**From the Bench	Rule 165	Additional GM		
Too Many Men	Rule 166	Bench Minor	Penalty Shot	
Tripping	Rule 167	Minor	Major + GM / MP	Major + GM / MP
Unsportsmanlike Conduct	Rule 168	Minor/Bench Minor	Misconduct / GM	MP
Illegal Hit/Women	Rule 169	Minor	Major + GM / MP	Major + GM / MP